## St Bernard Dance and Fitness Studio March

## www.facebook.com/StBDanceandFitness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
StB Studio	March Unlimited					
4803 Tower Avenue	Class Pass/Fitness Center Pass	* HYBRID (In Studio & ZOOM)			i	NO PiYo
St Bernard, OH	\$50/mo See your Instructor!				Ti T	i
Questions:	(cash or check)	ZOOM Link			i	i
Kate: 513-324-3513	Regular Class Rates:	ID: 997 276 3326			i	i
or	1st Class Free/ \$7 Drop-In	Passcode:StBStudio			i	
Rec. Dept: 513-641-3137	10 Class=\$50/ 20 Class=\$85				<u> </u>	1
Redi Bopti. 616 641 6161	10 01000 \$000 20 01000 \$000					-
2	3	4	5	6	7	8
	*Zumba (Kate)	i .	1	PiYo	Strength Foundations	+
	10:00-11:00am	Yoga	Tai Chi	10:00-11:00am	10:00-11:00am	PiYo
	i	9:30-10:30am	10:45-11:45am		i	11:00-12:00pm
	Ī				i	i
		Rental- Contakids			i	
	*Zumba (Pat)	4:00-4:45pm	*Zumba Tone (Pat)			
	5:30-6:30pm		5:30-6:30pm	*Zumba (Allison)		
				7:15-8:15pm		
9	10	11	12	13	14	15
	*Zumba (Kate)	ļ	<u></u>	PiYo	Strength Foundations	
	10:00-11:00am	Yoga	Tai Chi	10:00-11:00am	10:00-11:00am	PiYo
	<del>-</del>	9:30-10:30am	10:45-11:45am		_	11:00-12:00pm
	-	Rental- Contakids	-			
	*Zumba (Pat)	4:00-4:45pm	*Zumba Tone (Pat)		-	
	5:30-6:30pm	i iios iiiospiii	5:30-6:30pm	*Zumba (Allison)	<del>-  </del>	<u> </u>
	1			7:15-8:15pm	<u> </u>	i
16	17	18	19	20	21	22
	*Zumba (Kate)			PiYo	Strength Foundations	
	10:00-11:00am	Yoga	Tai Chi	10:00-11:00am	10:00-11:00am	
		9:30-10:30am	10:45-11:45am			PiYo
						11:00-12:00pm
	1 (5 ()	Rental- Contakids				ļ
	*Zumba (Pat) 5:30-6:30pm	4:00-4:45pm	*Zumba Tone (Pat)	*Zumba (Allison)		-
	5:30-6:30pm		5:30-6:30pm	7:15-8:15pm	_	<u> </u>
23	24 *Zumba (Kate)	25	26	7:15-8:15pm	28	29
23	10:00-11:00am	29	<sup>40</sup> 	PiYo	Strength Foundations	123
	*Zumba (Pat)	Yoga	Tai Chi	10:00-11:00am	10:00-11:00am	+
	5:30-6:30pm	9:30-10:30am	10:45-11:45am			PiYo
30	31					11:00-12:00pm
	*Zumba (Kate)	Rental- Contakids				1
	10:00-11:00am	4:00-4:45pm	*Zumba Tone (Pat)			1
	*Zumba (Pat)		5:30-6:30pm	*Zumba (Allison)		1
	5:30-6:30pm	İ		7:15-8:15pm		